NEW Epic Tools for the

2023 AAP Guideline for Elevated BMI
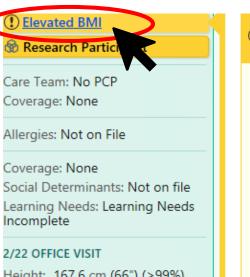
iPOP-UP
Improving Pediatric Obesity Practice Using Prompts

Storyboard Notification + BPA

- Recommendations tailored to your patient

- Snapshot of relevant vitals and labs to date

- Not a pop-up, won't interrupt your workflow!

Click here scan this QR code for video demonstrations of these new tools

BPA preview when hover over left panel notification

⚠ Elevated BMI
🔬 Research Partici...

Care Team: No PCP
Coverage: None

Allergies: Not on File

Coverage: None
Social Determinants: Not on file
Learning Needs: Learning Needs Incomplete

2/22 OFFICE VISIT
Height: 167.6 cm (66") (>99%)
Wt: 90.7 kg (200 lb) (>99%)
BMI: **32.28 kg/m²** ❗ (>99%)

⚠ Elevated BMI ≥ 95%tile

For Kiddo's age and last BMI (99.30 %ile on 2/22/2023), the 2023 AAP Guideline for Elevated BMI recommends:
- Family-centered counseling on lifestyle goals
- Refer/provide Intensive Health Behavior and Lifestyle Treatment
- Evaluate for co-occurring conditions:
  ◦ BP at every visit (No blood pressure reading on file for this encounter.)
  ◦ Lipid panel, ALT, and diabetes screening (fasting glucose, OGTT or HbA1c), may repeat every 2 years or sooner as needed

No results found for: CHOL, LDL, HDL, TRIG, GLUCOSE, HGBA1C, LABALT
No lipid testing completed in past 2 years
No ALT completed in past 2 years
No diabetes testing completed in past 2 years
The following actions are recommended:
Open Smart Set: Elevated BMI AAP CPG

BPA When Opened

⚠ Elevated BMI ≥ 95%tile

For Kiddo's age and last BMI (99.30 %ile on 2/22/2023), the 2023 AAP Guideline for Elevated BMI recommends:
- Family-centered counseling on lifestyle goals
- Refer/provide Intensive Health Behavior and Lifestyle Treatment
- Evaluate for co-occurring conditions:
  ◦ BP at every visit (No blood pressure reading on file for this encounter.)
  ◦ Lipid panel, ALT, and diabetes screening (fasting glucose, OGTT or HbA1c), may repeat every 2 years or sooner as needed

No results found for: CHOL, LDL, HDL, TRIG, GLUCOSE, HGBA1C, LABALT
No lipid testing completed in past 2 years
No ALT completed in past 2 years
No diabetes testing completed in past 2 years

| Open SmartSet | Do Not Open | Elevated BMI AAP CPG Preview |
| Add Problem | Do Not Add | Elevated BMI (>=95%tile) ✎ Edit details (Share with patient, Priority: Medium) |

Acknowledge Reason

Patient declines | Other

✓ Accept | Cancel

Note Template

- Includes relevant results

- Links to AAP Educational Content for care team and families

- SmartList of recommended actions

Elevated BMI

For Kiddo's age and last BMI (99.30 %ile on 2/22/2023), the 2023 AAP Guideline for Elevated BMI recommends:
- Family-centered counseling on lifestyle goals
- Refer/provide Intensive Health Behavior and Lifestyle Treatment
- Evaluate for co-occurring conditions:
  - BP at every visit *(No blood pressure reading on file for this encounter.)*
  - Lipid panel, ALT, and diabetes screening (fasting glucose, OGTT or HbA1c), may repeat every 2 years or sooner as needed

No results found for: CHOL, LDL, HDL, TRIG, GLUCOSE, HGBA1C, LABALT
No lipid testing completed in past 2 years
No ALT completed in past 2 years
No diabetes testing completed in past 2 years

Actions taken today
Goals:
> **Goals Addressed**
> None

- {Elevated BMI Management Plan catchall (Optional):29155}

Provided family-centered counseling on evidence-based lifestyle goals
Referred to Intensive Health Behavior and Lifestyle Treatment
Referred to dietitian
Will reassess BMI and patient goals at return visit
Deferred discussion of BMI for future visit

Click [here](#) scan this QR code for video demonstrations of these new tools

NEW Epic Tools for the

2023 AAP Guideline for Elevated BMI

iPOP-UP
Improving Pediatric Obesity Practice Using Prompts

Screenshot of the Elevated BMI AAP CPG SmartSet in Epic, showing Diagnoses, Labs (Lipid Testing, Glucose Testing, ALT Testing), Pharmacotherapy, Referrals to assist with BMI Management, Document Patient Goals to Improve BMI, and Patient Instructions to assist with BMI Management.

Elevated BMI Smart Set

Includes:

- Diagnosis Coding

- Recommended Labs

- Guidance on Pharmacotherapy

- Referrals

- Link to Goals activity

- Patient Instructions for the AVS

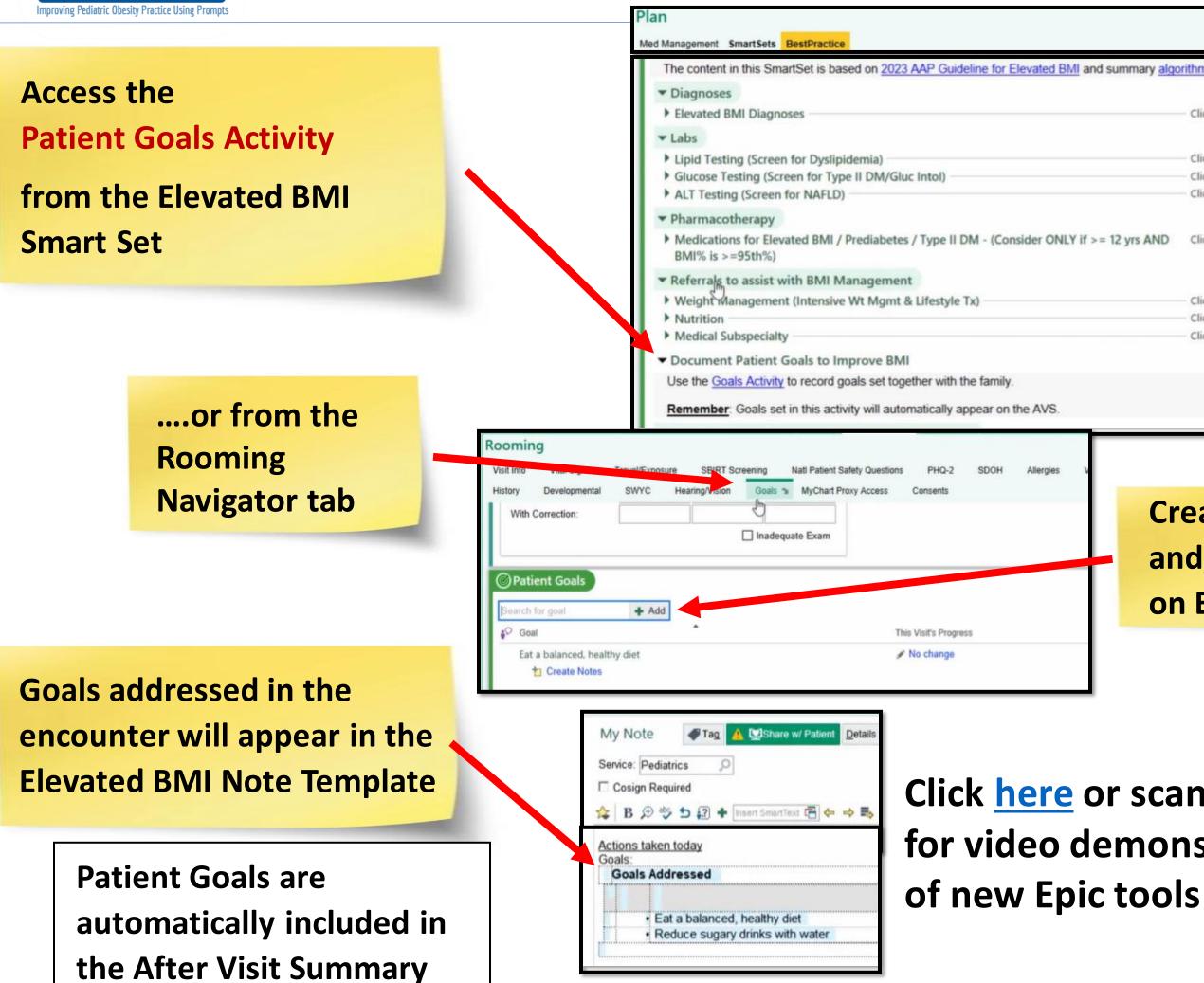**Click here or scan this QR code for video demonstrations of new Epic tools**

NEW Epic Tools for the

[2023 AAP Guideline for Elevated BMI](#)

iPOP-UP
Improving Pediatric Obesity Practice Using Prompts

Access the
Patient Goals Activity

from the Elevated BMI Smart Set

Plan

Med Management | SmartSets | **BestPractice**

The content in this SmartSet is based on [2023 AAP Guideline for Elevated BMI](#) and summary [algorithm](#).

▾ **Diagnoses**
  ▸ Elevated BMI Diagnoses — — — — — — — — — — — — Click for more
▾ **Labs**
  ▸ Lipid Testing (Screen for Dyslipidemia) — — — — — — — Click for more
  ▸ Glucose Testing (Screen for Type II DM/Gluc Intol) — — — Click for more
  ▸ ALT Testing (Screen for NAFLD) — — — — — — — — — Click for more
▾ **Pharmacotherapy**
  ▸ Medications for Elevated BMI / Prediabetes / Type II DM - (Consider ONLY if >= 12 yrs AND   Click for more
    BMI% is >=95th%)
▾ **Referrals to assist with BMI Management**
  ▸ Weight Management (Intensive Wt Mgmt & Lifestyle Tx) — — Click for more
  ▸ Nutrition — — — — — — — — — — — — — — — — — Click for more
  ▸ Medical Subspecialty — — — — — — — — — — — — — Click for more
▾ **Document Patient Goals to Improve BMI**
  Use the [Goals Activity](#) to record goals set together with the family.
  Remember: Goals set in this activity will automatically appear on the AVS.

….or from the Rooming Navigator tab

Rooming

Visit Info | Travel/Exposure | SBIRT Screening | Natl Patient Safety Questions | PHQ-2 | SDOH | Allergies
History | Developmental | SWYC | Hearing/Vision | **Goals** | MyChart Proxy Access | Consents

With Correction: [ ] [ ]
☐ Inadequate Exam

🎯 **Patient Goals**
[Search for goal] ➕ Add
🔍 Goal   This Visit's Progress
  Eat a balanced, healthy diet   ✏ No change
  🗐 Create Notes

Create New Goals and/or Track Progress on Existing Goals:

Goals addressed in the encounter will appear in the Elevated BMI Note Template

My Note 🏷 Tag ⚠ 💬 Share w/ Patient | Details

Service: Pediatrics 🔍
☐ Cosign Required

⭐ B 🔍 ✎ ↺ 🔖 ➕ [Insert SmartText] 🗐 ⬅ ➡ ☰

Actions taken today
Goals:
Goals Addressed

• Eat a balanced, healthy diet
• Reduce sugary drinks with water

Patient Goals are automatically included in the After Visit Summary

Click [here](#) or scan this QR code for video demonstrations of new Epic tools