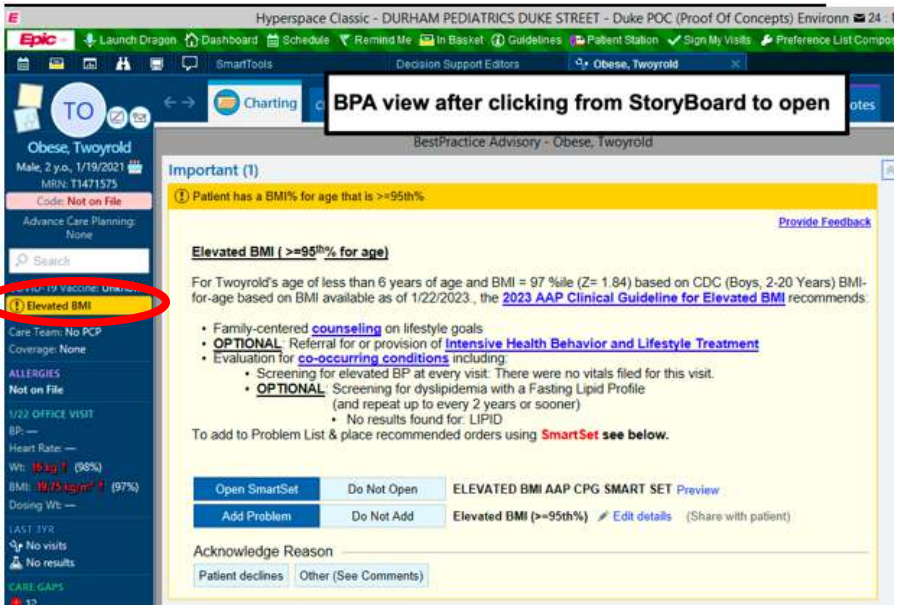
NEW Epic Tools for the 2023 AAP Guideline for Elevated BMI

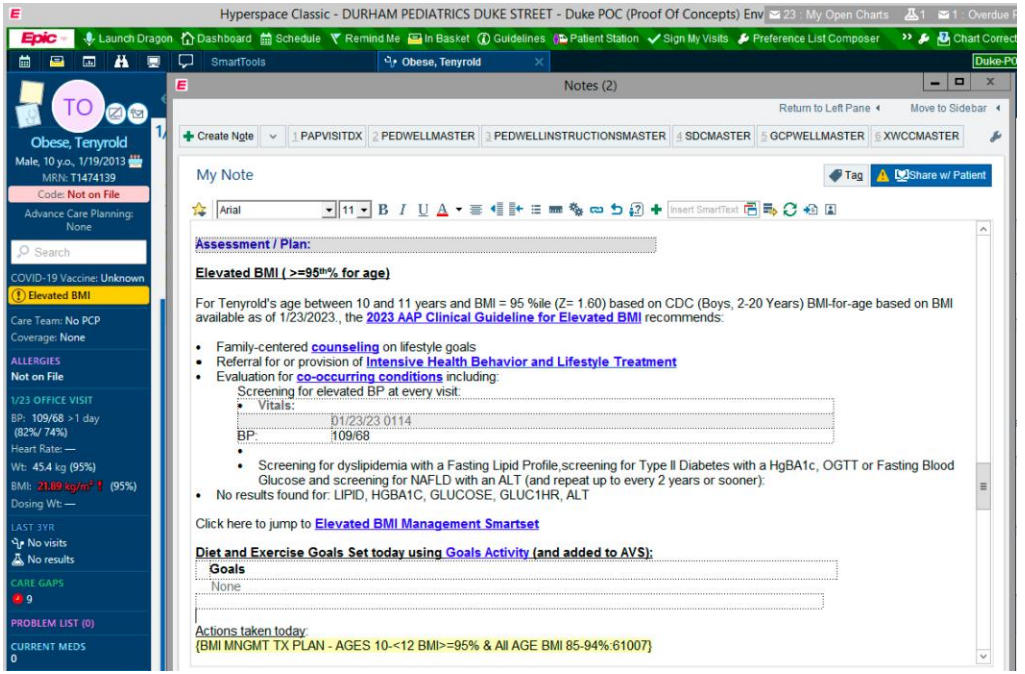
Storyboard Notification + "Hover to Discover" BPA

- Recommendations tailored to your patient
- Snapshot of relevant vitals and labs to date
- Not a pop-up, won't interrupt your workflow!



Note Template

Includes a link to Smart Set (from the note), a link to the Goals Activity, relevant results, and links to AAP sponsored Educational Content relevant to the care team and patient.



Click here or scan this QR code for video demonstrations of these new tools

iPOP-UP
Improving Pediatric Obesity Practice Using Prompts

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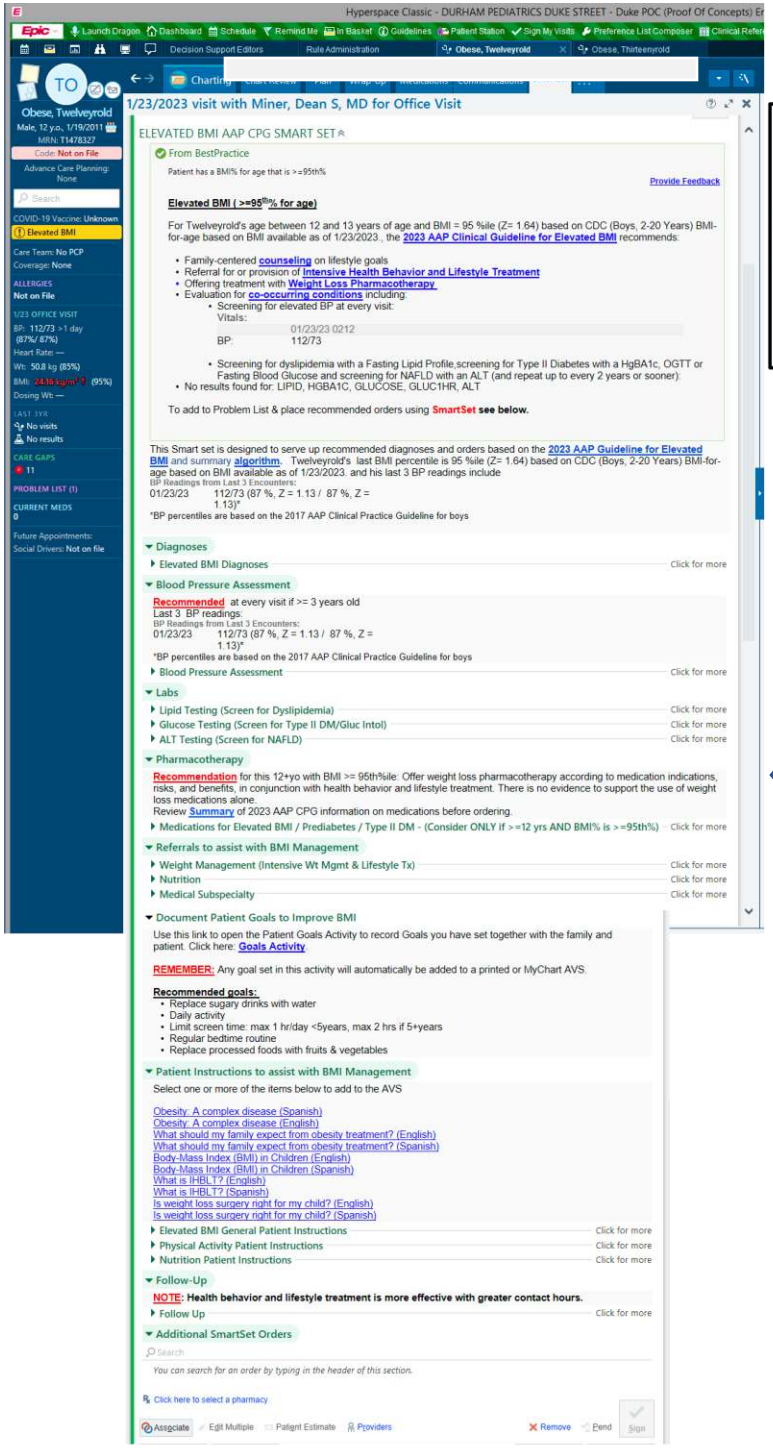

View of Smart-set when opening from Note

Elevated BMI Smart Set

Includes:

- Diagnosis Coding
- Recommended Labs
- Guidance on Pharmacotherapy
- Referrals
- Goals
- Links to Patient Instructions
- Diagnosis Coding
- Follow up and LOS*

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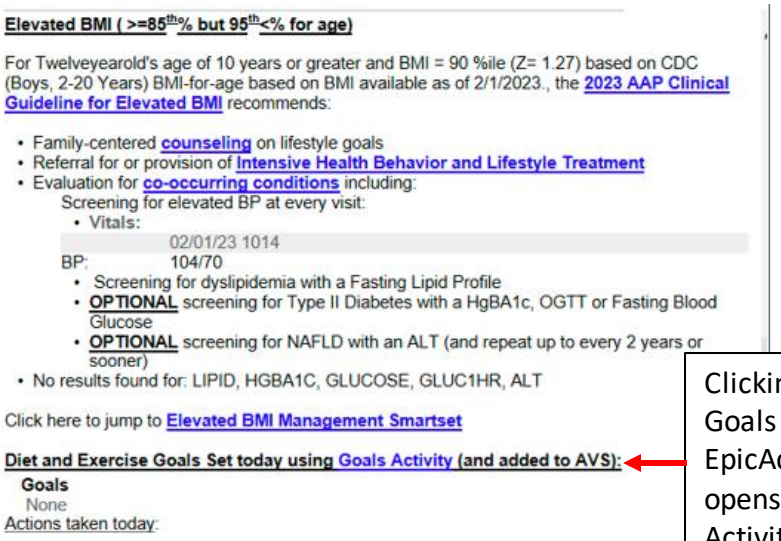
Access the Patient Goals Activity from the Note Template:



Elevated BMI (>=85th% but 95th<% for age)

For Twelveyearold's age of 10 years or greater and BMI = 90 %ile (Z= 1.27) based on CDC (Boys, 2-20 Years) BMI-for-age based on BMI available as of 2/1/2023., the 2023 AAP Clinical Guideline for Elevated BMI recommends:

- Family-centered counseling on lifestyle goals
- Referral for or provision of Intensive Health Behavior and Lifestyle Treatment
- Evaluation for co-occurring conditions including:
  - Screening for elevated BP at every visit:
    - Vitals:
      02/01/23 1014
      BP: 104/70
    - Screening for dyslipidemia with a Fasting Lipid Profile
    - OPTIONAL screening for Type II Diabetes with a HgBA1c, OGTT or Fasting Blood Glucose
    - OPTIONAL screening for NAFLD with an ALT (and repeat up to every 2 years or sooner)
- No results found for: LIPID, HGBA1C, GLUCOSE, GLUC1HR, ALT

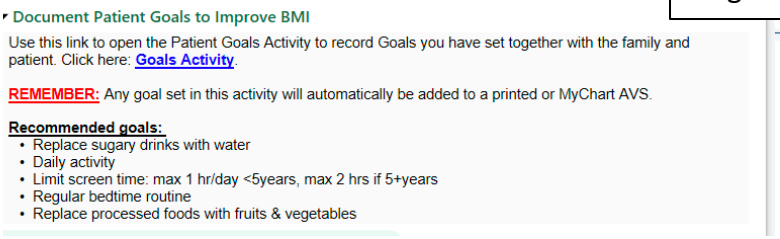
Click here to jump to Elevated BMI Management Smartset

Diet and Exercise Goals Set today using Goals Activity (and added to AVS):

Goals
None
Actions taken today:

Clicking on the Goals Activity EpicAct link opens the Goals Activity in the lefthand pane of the screen in a single click

Or from the Elevated BMI Smart Set:



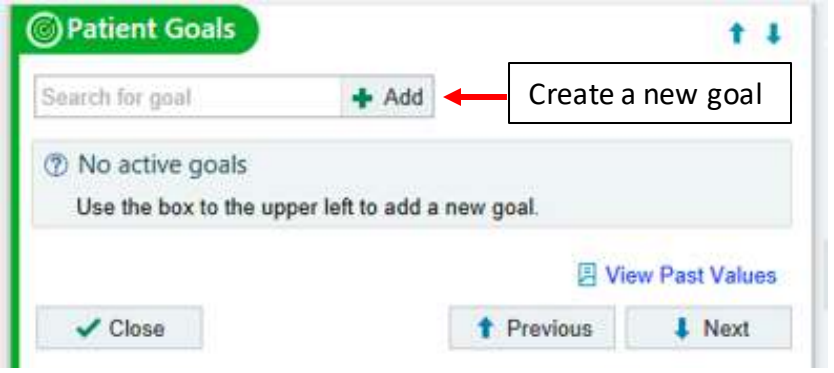
Document Patient Goals to Improve BMI

Use this link to open the Patient Goals Activity to record Goals you have set together with the family and patient. Click here: Goals Activity.

REMEMBER: Any goal set in this activity will automatically be added to a printed or MyChart AVS.

Recommended goals:
- Replace sugary drinks with water
- Daily activity
- Limit screen time: max 1 hr/day <5years, max 2 hrs if 5+years
- Regular bedtime routine
- Replace processed foods with fruits & vegetables

Create New Goals and/or Track Progress on Existing Goals:



Patient Goals are automatically included in the After Visit Summary