

iPOP-UP Goals Tip Sheet

(for Primary Care Clinicians, Residents, and Nursing Staff)

Document Goals

Elevated BMI ($\geq 85^{\text{th}}$ % but 95^{th} <% for age)

For Twelvyeearold's age of 10 years or greater and BMI = 90 %ile (Z= 1.27) based on CDC (Boys, 2-20 Years) BMI-for-age based on BMI available as of 2/1/2023., the [2023 AAP Clinical Guideline for Elevated BMI](#) recommends:

- Family-centered [counseling](#) on lifestyle goals
- Referral for or provision of [Intensive Health Behavior and Lifestyle Treatment](#)
- Evaluation for [co-occurring conditions](#) including:
 - Screening for elevated BP at every visit:
 - Vitals:

| |
|---------------|
| 02/01/23 1014 |
|---------------|
 - BP: 104/70
 - Screening for dyslipidemia with a Fasting Lipid Profile
 - **OPTIONAL** screening for Type II Diabetes with a HgBA1c, OGTT or Fasting Blood Glucose
 - **OPTIONAL** screening for NAFLD with an ALT (and repeat up to every 2 years or sooner)
 - No results found for: LIPID, HGBA1C, GLUCOSE, GLUC1HR, ALT

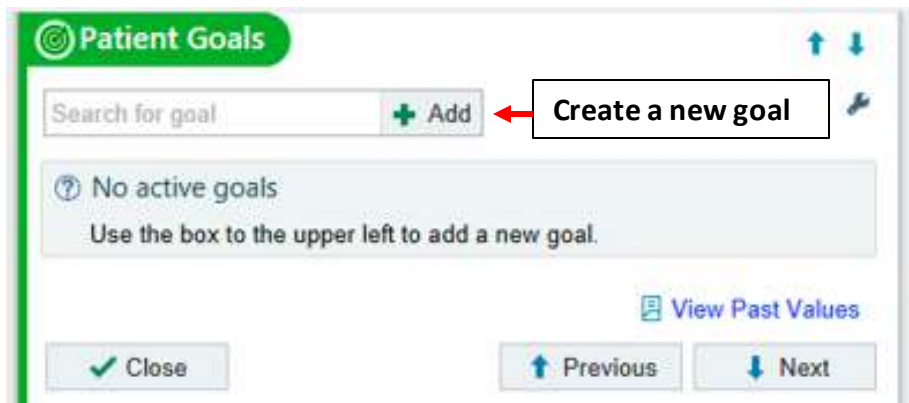
Click here to jump to [Elevated BMI Management Smartset](#)

Diet and Exercise Goals Set today using Goals Activity (and added to AVS): ←

Goals
None
Actions taken today:

Clicking on the Goals Activity EpicAct link opens the Goals Activity in the lefthand pane of the screen in a single click

Create New Goals and/or Track Progress on Existing Goals:



Patient Goals

Search for goal **+ Add** ← Create a new goal

? No active goals
Use the box to the upper left to add a new goal.

[View Past Values](#)

Close Previous Next

Adding Goals to the AVS:

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Goals
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Actions taken today:

Goals are automatically added to the AVS when you use the Goals Activity EpicACT link



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Create New Goals and/or Track Progress on Existing Goals:

The screenshot shows the 'Patient Goals' section of a software interface. At the top, there is a search bar with the text 'Search for goal' and a green '+ Add' button. A red arrow points from a callout box labeled 'Create a new goal' to the '+ Add' button. Below the search bar, there is a message: 'No active goals. Use the box to the upper left to add a new goal.' At the bottom right, there is a 'View Past Values' link. At the bottom, there are three buttons: 'Close', 'Previous', and 'Next'.

Adding Goals to the AVS:

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